

Southampton Unpaid Carers

Carers Partnership Board
presentation to
Health and Wellbeing Board

A little recent history

- Scrutiny Inquiry (2020/21)
- Carers Partnership Board and Carers Steering Group
- Carers Strategies
 - Adult Carers Strategy 2021-26
 - Young Carers Strategy 2021-26
- Carers Action Plan (adult carers)
 - 3 priorities (2024)

Scrutiny Inquiry (2020/21)

“Carer Friendly Southampton”

- Find it in the list of completed inquiries:

<https://www.southampton.gov.uk/council-democracy/meetings/scrutiny/completed-inquiries/>

- Well received by carers participating in the “Carers Steering Group”
- 24 Recommendations
- Preceded Carers Strategies 2021-26
 - Adult Carers
 - Young Carers

Southampton Carers Partnership Board

Health and Wellbeing Board



Carers Partnership Board



Carers Steering Group

Co-chairs: Councillor and Carer

Members: Adult Carers, Council & ICB officers, representatives from NHS Trusts and other service providers

Meetings: “Teams” at 2 month intervals (plus workshops etc.)

Effect: Strategy, Action Plan, Monitoring, Review

Carers Strategies and Action Plan

- Southampton City Council website
 - Key strategies, plans and policies
- Adult Carers Strategy 2021-26
- Young Carers Strategy 2021-26
- Priority Updated Carers Action Plan
- Find them under Carers Strategies at:

<https://www.southampton.gov.uk/council-democracy/council-plans/strategy-hub/>

Carers Action Plan – workshop priorities

- Workshop held 23rd February 2024
- Identified 3 priorities from Carers Action Plan
 - 1.2 – “Increase the number of carers who are identified in primary care and the number of patients who are registered with their GP practice as a carer”
 - 3.6 – “Support carers to have planned breaks from caring”
 - 4.2 – “Provide more opportunities for carers to be involved in strategic planning and commissioning decisions”

Carers Action Plan priorities: 1

Respite Planned and Unplanned (action 3.6)

- Carer Backup Plans
 - Information location (Care Director), sharing, access?
 - Realistic expectations of carer to plan, organise & complete forms?
- Planned appointments, operations etc. for carer
 - “reasonable adjustment”?
- Well-being breaks (joint or separate)
- Option for “Shared Lives” approach for respite care cover / resources?
- Well-being encouragement for carers (“take care of yourself”)
 - Social Prescribers, Carers Champions, Carer support groups, Recovery Colleges, NHS Public Engagement teams, Public Health?

Carers Action Plan priorities: 2

Identify unpaid Carers (action 1.2)

- Primary Care and Secondary Care
 - registered as carers by their GP Surgeries
 - information sharing to and from secondary services, unpaid carers service, another local authority service etc.?
 - GP Quality Marker
 - PCN role?
 - Reputation of PCNs vary?!
 - Other (not GP) “Primary Care” services (e.g. Physiotherapy, Dentists, steps2wellbeing, other self-referral services)?

Carers Action Plan priorities: 3

Carers Voice (action 4.2)

- “involved in strategic planning and commissioning decisions”
- Broaden involvement in Carers Steering Group
- Specification for new Unpaid Carers Service contract
- Collaboration with Hampshire Carers Partnership Board, Carers UK, other carer voices (e.g. IOW, Portsmouth)?

Current Unpaid Carer priorities

Respite

(Planned and Unplanned)

Identify unpaid Carers

(Primary Care focus)

Carers Voice